Creighton’s Online Retreat

Andy Alexander, S.J., Maureen McCann Waldron and Larry Gillick, S.J.

Creighton’s Online Retreat is a tool for entering into the movements of the Spiritual Exercises of St. Ignatius of Loyola. This retreat is designed for busy people who desire help in letting God transform their lives. The self-guided retreat shows the way to finding intimacy with God in the midst of our everyday lives. It is a path for anyone with faith to become a “contemplative in action.” Though people around the world begin the retreat at any time, the 34 weeks fit wonderfully in the pattern of the liturgical year.

Each year at Creighton, faculty and staff make the retreat and share the graces they receive in monthly sharing groups.

For more information, visit our web site or contact the Collaborative Ministry Office.

How to make the Retreat

- Alone, with a director, in a group.
- Read the Guide for each week and let it stay in the “background” of one’s busy, daily life.
- Use the other weekly resources, as they help.
- A grace will be given each week and one week will prepare for the next.

Our Address: Google “Online Retreat” or go to: onlineministries.creighton.edu/CollaborativeMinistry/cmocreightononline.html

What People Share

- I have been so exuberant about the graces of this retreat that I have spoken about it frequently to my friends and highly recommending it to them.
- Wow. It was awesome. I did this with a friend, and that was extremely helpful. I am much more aware of Christ’s presence in me, in others, in my family. I feel more intimacy with Christ than I ever have before.
- The retreat has made a very major difference in my life. Before starting the retreat I had left the church and had been away for a very long time. Now thanks in large measure to you I have returned and am happily back "at the table".
- There are aspects of this retreat that have been just huge. I am not at all from a Roman Catholic background. I pastor an evangelical protestant church. I have to admit that my guard was up initially, but I have to admit, many of my preconceptions of Catholic spirituality were blown apart. I am very grateful for the blessing to my life that has come through this retreat. Thank you so very much.
- Given the complete newness of the concept, it’s probably accurate to say the “background times” represented a big shift in my prayer life. I needed the coaching.
- There have been many graces pouring into my life. My relationship with my husband and our children has been the greatest gift. Also, being involved with more outreach faith sharing ministries is making a big difference in my life. Working with the poor has become a big part of who I am since making this retreat. Being open to social justice and wanting and actually doing is a definite grace from making this retreat.