





# **ILAC Pharmacy Program**

Pharmaceutical Care offered in interdisciplinary Dominican Republic rural health clinics Alicia Vanden Bosch, Linda Ohri

## **ILAC Summer Program**

Creighton University Institute for Latin American Concern (ILAC) Summer Program is a collaborative international, Ignatian-inspired, health care service and education program. Medical, dental, pharmacy, nursing, and undergraduate students, and health professionals spend five weeks in an immersion experience in the Dominican Republic (D.R.). They serve rural villages providing health care services and education in disease prevention. This unique program offers opportunity for service, skill development, cultural awareness, reflection and spiritual growth. Pharmacy students and professionals are an integral part of the healthcare team and provide pharmaceutical care.





Pharmaceutical Care in action

## **Pharmacy Services**

The medication formulary is purchased with donations from the community and student organization fundraisers. Pharmacy students and professionals participate in the clinic by providing cross discipline services such as intake interviews, vitals, blood pressures, height/weight, education to patients on disease states or preventative care, health promotion and through home visits to the very ill.

Pharmacy staff recommend appropriate diet, nutrition, complimentary and non-drug therapies. They collaborate with other health professionals to optimize therapeutic drug regimens. They identify, assess, and solve medication-related problems ,and share their clinical judgment relative to alternative individualized therapeutic plans.

Common challenges: Drug therapy selection and compounding appropriate dosage forms with limited formulary; Restricted pharmacy space; and Language limitations.



Medication Counseling in La Peñita

## **Reflecting Ignatian Values**

#### Men and Women For and With Others

- We provided service and gave all we had to the Dominicans and they in return gave us so much more.
- The Dominicans took care of each other with an overwhelming sense of community.
- I would listen to their stories, their hopes, their joys, their concerns, and in turn I shared my own.
- For the first time I began to understand the importance of being with others, as I had always thought about helping people and being for them.

#### Cura Personalis

- The Dominicans challenged us to treat not only the medical conditions but also made us look at the person we were treating. We counseled patients on medication use and also listened to their stories, hopes, and fears.
- We danced, prayed, laughed and cried with our families, recognizing that a person's wellbeing is comprised not only of physical health, but that emotional and spiritual components are equally important.

#### Finding God in All Things

- > God was in the food, the songs, with every tear shed
- > Without modern distractions, it was inevitable to fine God in the beauty of the land, the simplicity of candle light.
- I was welcomed wholeheartedly into their home and literally became the son and the brother of my host family.

#### Faith that Does Justice & Magis

- > We attempted to narrow the gap in the vast disparities in the availability of basic healthcare to the poor of the D.R. and our faith compelled us to seek justice for the Dominicans.
- Each ILAC participant wanted to do more: house visits and follow-ups, hiking up a hill to change daily bandages, extending clinic hours.



Solidarity with the Community

### Rewards

- God works through people to accomplish his will.
- I was challenged mentally, physically, spiritually and intellectually and helped solidify my desire to help others.
- I learned to appreciate relationships. Now I want to help people, not because of obligation, but because I care. I changed in the D.R.
- A life changing experience, becoming more complete as both a pharmacist and a human being, developing confidence, and a desire to serve others and seek justice in my career.
- We reached our patients at a physical, emotional, and spiritual level and hope to incorporate the life lessons I learned until I die.
- They had an endless supply of love and caring to give us. The simplest of things turned into some of the most memorable experiences that I have ever had.

