

Get professional consultations with work-life specialists or log on to access online help, resources, self-assisted searches and more!

Through your program you can:

- Consult with a work-life specialist who will provide you with expert guidance, information and referrals to providers.
- Log on to access the most up-to-date, industry-leading work-life library, via www.MagellanHealth.com/member.
- Visit LifeMart to get savings of up to 40 percent on various products and services including: theme parks, movie tickets, new cars, electronics, gifts and jewelry, books and DVDs, child and elder care, cleaning services, and more.
- Get immediate clinical support when necessary.

The work-life program has specific areas of focus that include:

# Child Care & Parenting

- Child care options (centers, in-home care, etc.)
- · Preschools and kindergartens
- Backup, temporary, and emergency care
- Grandparenting
- Summer care
- Special needs
- Before- and after-school programs

- Child development
- Managing work and family
- Child health & safety
- · Parenting infants to teens
- Health care concerns

"Everyone I have spoken with has been extremely helpful and worked hard and fast to find a provider to meet our needs, even when we have to call at the last minute."



Employee Assistance Program 1-800-424-4831



### Pregnancy & Adoption

- Prenatal care
- Formula feeding
- Birthing options
- Labor and delivery
- Domestic and international adoption
- · Parenting children who were adopted
- Breastfeeding
- Post-adoption issues

### Adult Care & Aging

- Care options and living arrangements
- Medicare, Medicaid and Social Security
- Caregiver concerns
- Senior services (meal/grocery delivery, reassurance services, etc.)
- Senior health and safety
- Community programs
- Hospitals
- Retirement
- Emergency and respite care
- In-home care and services
- Support groups and services
- Grief and bereavement
- Hospice services
- Transportation services
- Health insurance
- Aging well

#### Education

- Colleges and Universities
- Financial aid
- Scholarship searches and assistance
- Continuing education
- Middle/high school

- Special education
- Elementary education
- Tutoring
- Extracurricular activities
- Pre-kindergarten/kindergarten
- Gifted and talented children

# Daily Living Issues

- Home improvement
- Automotive services
- Pet care
- Relocation
- Cleaning services
- Consumer information
- Travel
- Emergency preparedness

#### **Relocation Services**

Personalized referrals and community information packets containing:

- · Referrals to movers and real estate services
- Age breakdown
- School information
- Neighborhood profiles
- Crime incidents/index
- Climate/Annual Precipitation Totals
- Household characteristics
- Houses of worship
- Average/median household income
- Recent home sales

# Get Expert Help

Our Bachelor's and Master's level specialists are accessible any time during the day or night, seven days a week to provide personal assistance every step of the way.

